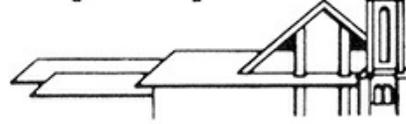


# THE BULLETIN

of the First Baptist Church in Beverly



*A progressive and welcoming Christian community!*

Ministers:

[Rev. Julie R. Flowers](mailto:jflowers@fbcbeverly.org) jflowers@fbcbeverly.org

[Rev. Kent D. Harrop](mailto:kharrop@fbcbeverly.org) kharrop@fbcbeverly.org

[Rev. John DeNardo](mailto:jdenardo@fbcbeverly.org), Interim Minister

jdenardo@fbcbeverly.org

[Rev. Rick Harris](mailto:rharris@fbcbeverly.org), Interim Ministry Consultant

rharris@fbcbeverly.org

Director of Music: [Dr. Esther Chang](mailto:echang@gmail.com)

echang@gmail.com

Office Manager: [Pat Haight](mailto:phaight@fbcbeverly.org) phaight@fbcbeverly.org

HCP Director: [Andrew DeFranza](mailto:adefranza@haborblightcp.org)

adefranza@haborblightcp.org

Treasurer: [John Thomson](mailto:jcthomson@fbcbeverly.org) jcthomson@fbcbeverly.org

Facilities Manager: [Jeremy Weir](mailto:JWeir@fbcbeverly.org) JWeir@fbcbeverly.org

Communications Associate: [Mary Powers](mailto:bulletin@fbcbeverly.org)

bulletin@fbcbeverly.org

Visit our Website

*Join Us for Sundays at First Baptist Church in Beverly*

***Sunday, March 8, 2020***  
***Second Sunday in Lent***

**9:00am: Welcome Café**

**10:00am: Worship**

**11:00am: Mission Meeting**

**11:20am: Adult Education**

**11:20am: Children's Choir**

**4:00pm Middle School Fellowship**

**6:00pm: Senior High Fellowship**

---

***Lent as a Time to Pray***

Rev. John DeNardo, preaching

Jeremiah 29:11-14



## Youth Fellowship for Sunday, March 8th!

### Middle School Fellowship: GLOW STICK GAMES!

4:00 p.m. - 6:00 p.m.

This one is a FAN FAVORITE each year, and we wanted to make sure to slide it in before the year gets away from us too much! Come to the church ready to play some favorite games (like Capture the Flag or German Dodgeball and more!) but with a twist... they will all be played in the dark with only glow sticks/glow items to light our way! Come ready for creativity and fun!

### Senior High Fellowship: Movies and Board Games and Dinner, Oh My!

6:00 p.m. - 9:00 p.m.

After ALL the incredible work that everyone put into the Youth Lounge, it's time to just kick back and enjoy it! We will gather for a laid-back evening with our Senior High family, watching a movie, enjoying dinner, and playing board games, if you want. Friends are welcome!

---

## Lenten Season and Holy Week 2020

**Lent** is a six-week season of reflection. A time to reflect on attitudes and behaviors that separate us from God and to try on new and life-giving ways of growing spiritually. Lent leads us to the promise of Easter.

**Our Lenten Theme:** "There is a crack in everything, that's how the light gets in." -Leonard Cohen, poet and musician.

**Our Theme, Described:** To be human is to be wounded, broken, or "cracked" in some way. Such moments can create space for the presence of God, the light of the Spirit, and the voice of Jesus to enter into our lives and to offer healing and hope, challenge and change.

**Lenten Highlights:** Each Sunday in Lent, Biblical texts that have been selected for worship will reflect a variety of human stories and journeys that will help us to reflect on the ways and spaces in which "the light gets in." There will be special Lenten art project for all ages on Sundays, before and after worship, which will tie into the theme and help to create space for reflection. Special activities such as a Delightful Dinner (RSVP for free catered meal for all ages on March 10th 6 - 7:30 p.m.) will celebrate the gift of community. A Lenten Devotional entitled "Peace be with you: Finding the peace of God in the natural world" will be available for those who would like to make use of it. This devotional guide is written by FBC's own Ellen Powers and invites us to listen and look for the Sacred in nature. This devotional guide is for all ages and invites us to look at our backyard, beaches and local parks with fresh eyes and open heart and asks the question: "How does the Creator speak to you in nature?"

### Worship:

Second Sunday in Lent (March 8th): *Lent as a Time to Pray*, Rev. John DeNardo, preaching

Text: Jeremiah 29:11-14

Additionally, each Sunday in Lent there will be an anointing station in the Sanctuary to offer confidential one-on-one prayer and the ancient ritual of anointing, a sign of God's Grace. This prayer and anointing station will be available for 15 minutes before and after worship for all who would like to access it.

*Our Lent 2020 planning was done by the Spiritual Life Team (Bryan Vosseler, Karen Wood, Lisa LaPlante, Marty Lincoln, Barbara Brann-Weir, Cassie Bartolo, Shaina Stevens, and Rev. Kent Harrop).*

---

## Reiki as a Lenten Practice

During this season of Lent, the practice of Reiki will be introduced for those who are interested. Reiki is an ancient healing practice intended to bring balance and calm. It is a healing practice that has been adapted for use by Christian traditions, among others. What follows below is an overview of this healing practice and of this Lenten opportunity.

### What is Reiki?

The word *Reiki* is made of 2 Japanese words: *Rei*, which refers to "God's or the Higher Power's wisdom," and *Ki*, which refers to the "life force energy" that flows through all of us.

This energy flow can become slowed or stuck; when that happens, Reiki can calm and relax the body and mind to restore healthy energy flow, which encourages self-healing. Reiki has no religious affiliation, but religious practitioners often feel called to learn it and consider it a very spiritual experience.



*What should I expect when receiving Reiki?*

Very much like the ancient practice of laying on of hands, Reiki flows through the practitioner as they gently place their hands on or over certain energy junctions. Some folks have reported feeling warmth, cooling, or slight tingling when this is happening, but even if the recipient doesn't feel any physical sensation, be assured that Reiki knows what to do and, at the very least, most people come away with a deep sense of well-being.

*What should I do during my mini session?*

We will do our best to make it a peaceful experience, so you can just sit and relax. It is ok to talk during a Reiki session, so if you have any questions please feel free to ask.

These Lenten Reiki sessions will be led by FBC's Gloria Stoneham and Sharon Hutchinson. Both are certified Reiki Masters.

Gloria and Sharon will be offering Reiki in the FBC Lounge from 9:00 a.m. to 9:45 a.m. (in 15 minute sessions) on 4 Sundays throughout the season of Lent, beginning on March 8th, and then on March 15th, March 22nd and March 29th. A sign-up sheet to reserve your slot will be in the FBC Lobby/Narthex before and after worship.

---

## **Women's Retreat is this weekend! Finding Peace in the Neighborhood**

It's not too late to sign up for the Women's Fellowship Retreat at Grotonwood, coming up March 6-8! (Although the official retreat program will ONLY run Friday and Saturday of the weekend; those who would like to stay Saturday night into Sunday are welcome to do so, to enjoy a fun free time of fellowship, games, reading, relaxing, connection – whatever you wish!)

The theme of the retreat will be "Finding Peace in the Neighborhood," and it will be co-led by Rev. Julie Flowers and Lisa LaPlante.

There will be some time to get to know one another, as well as a movie to help us launch into our theme on Friday evening. On Saturday, there will be opportunities for programming that will include writing, reflecting, artistic expression, breathing and stretching, meditation, journaling (journals will be provided for each participant), and more! All meals will be included, and they will be provided by the Grotonwood dining hall staff. (Women are encouraged to bring snacks and drinks to share in the group meeting areas, however, if they wish!)

Women who would like to attend should please plan to bring a pillow, sheets and blanket or a sleeping bag, toiletries, clothes for the weekend that will allow you to be dressed for the weather/to be outside at times, and a favorite board game to share. Feel free to also bring along any additional items that you may want for your weekend!

We will meet at First Baptist Church on Friday late afternoon to head to Grotonwood ALTHOUGH those who need to meet there can also do so – Grotonwood is an easy drive! It would be helpful to have a sense of who might be willing to drive and drive other women/who can caravan together (the church van MAY be able to go, but will be dependent on drivers, as Julie will need to be among the group leaving on Saturday to return home for worship and church leadership responsibilities on Sunday the 8<sup>th</sup>). If you have already signed up but CAN bring your car/CAN drive and WOULD BE willing to drive other women, please alert Julie to add that note to your RSVP! If you haven't yet signed up, it's not too late to do so!

Email Julie at [jflowers@fbcbeverly.org](mailto:jflowers@fbcbeverly.org) and ask her to get you signed up!

---



## Book Group Changes to New Time

The Book Group has made its selection of books for the upcoming spring months and will be meeting at a new time, 2:30 instead of its previous 2 o'clock meeting time. The 2:30 time is a permanent change. The meeting day (Friday) remains the same, and also the meeting place (the church lounge) remains unchanged. Here are the reading selections for the next two months:

### March 27: "The Women's Hour" by Elaine Weiss.

The struggle for the vote for women was fiercely fought with Tennessee casting the needed 37<sup>th</sup> vote in 1920, just a century ago. This non-fiction book focuses on the last six weeks leading up to the final vote in Tennessee and examines the infighting and alliances that led to the historic decision. Many of the themes that are still prevalent in today's politics – race, class, gender, money, states' rights, power and democracy – all played a part in the final victory for women's suffrage. This book has become popular by word of mouth and has made its way onto top ten bestseller lists in recent weeks. Perhaps this year's 100<sup>th</sup> anniversary of women's right to vote and the recent revived interest in the ERA issue has sparked people's interest in this topic.

### April 17: "Mercy House" by Alena Dillon.

This is the debut novel by Beverly resident Alena Dillon, former communications assistant at FBC. The book's main character Sister Evelyn, described on the book jacket as a "renegade nun", leads a safe haven for abused women in a Brooklyn row house. The plot revolves around her efforts to promote and protect the lively diverse residents of the shelter, sometimes by unorthodox methods outside the canon of the sponsoring Catholic church, while dealing with oversight from representatives from the Vatican. The book has just recently come out and is in paperback. It can be purchased or ordered at the Copper Dog Bookshop next to Atomic Café on Cabot Street.

New members are always welcome to join the group, whether just for one particular book discussion, for several or as a regular member.

---

## Cinco de Marzo Fundraiser at Acapulco's is THIS THURSDAY!! *NEW RAFFLE ITEM AVAILABLE: A Board-Breaking Karate Birthday Party for up to 15 Children!*

The Cinco de Marzo Fundraiser at Acapulco's is THIS THURSDAY!!

Dine in or order takeout all day on Thursday March 5th from Acapulco's Mexican Restaurant located at 900 Cummings Center in Beverly, and the restaurant will donate 10% of all purchases to support First Baptist Church in Beverly's mission trips -- which include housing renovation projects all over the U.S. and health service work in Nicaragua.

Did we mention the raffle?? Buy your raffle tickets the day of the event on Thursday, March 5th at Acapulco's.

Raffle Tickets Pricing: \$5 for two tickets, \$10 for five tickets and \$20 for twelve tickets to win the following AMAZING GIFTS:



### KARATE GIFT CERTIFICATE:

A gift certificate toward either a "Board Breaking" Birthday Party or Karate Pizza Party from North Shore Karate Academy, valued at \$299 and is a great way to give children a fun introduction to the Martial Arts. The party is reserved for ages 6 and up and will be limited to 15 children.



**#1 Young & Fun Family Fun**

\$25 Gift Card: Learning Express

\$25 Gift Card: Depot Diner

Ring Toss

Play Doh

Legos

Marble Run

Jenga

2 Puzzles

Jump Ropes



**#2 All Around Family Fun**

\$25 Gift Card: Nicks Roast Beef

\$25 Gift Card: Rev's

Uno

Jenga

Tie-Dye

Lego

Animal Adventure Block Kit

Basket Ball



**#3 Kids At Heart Family Fun**

\$90 Gift Card: Beverly Bikes

Taboo

Labo Crystal Growing Kit

Cat Stax

Imagine: Guessing Game

Tapple



**#4 Wine & Charcuterie**

Homemade Table Runner

\$25 Gift Card: Depot Liquors

\$20 Gift Card: Total Wine

Wines: Bogle Pinot-Noir, Dialed in Red Blend,

Carson Ridge Cabernet Sauvignon

Bamboo Cutting Board & Cutlery Set

Expresso Dark Chocolate Beans

Boysenberry Jam

Pistachios

Carr's Crackers



**#5 Movie Night: In & Out**

\$75 Gift Card: Super Sub

\$25 Gift Card: Cabot Theater

DVD's: Land Before Time, Shark Tale, Shrek 2,  
Journey 2 to the Mysterious Island

Movie Candy

Popcorn/Snacks

Cozy Socks



**#6 \$100 Around Town**

\$25 Gift Card: Whole Foods

\$25 Gift Card: Sobo

\$25 Gift Card: Gourmet Garden

\$25 Gift Card: Nails & Co.

For further information on Cinco de Marzo, contact Cindy Shupp, Chair of our Missions Committee, at [cjshupp@verizon.net](mailto:cjshupp@verizon.net)

## Coming Up at FBC



Wednesday, March 4

4:30pm: Lectio Divina

6:15pm: Joy Ringers

7:15pm: Harborlight Ringers

Thursday, March 5

All Day: Cinco de Marzo Fundraiser at Acapulco's

6:00pm: Celebration Ringers

7:30pm: Sanctuary Choir

Friday, March 6

5:30 pm: Womens' Fellowship Retreat departs for Grotonwood

Saturday, March 7

12:30pm: Lunch Program

Sunday, March 8

9:00am: Welcome Café

10:00am: Worship

11:00am: Mission Meeting

11:20am: Adult Education

11:20am: Children's Choir

4:00pm Middle School Fellowship

6:00pm: Senior High Fellowship

Monday, March 9

6:00pm: Monday Night Supper

Tuesday, March 10  
9:30am: Staff Meeting  
6:00pm: Delightful Dinner  
7:30pm: HNS Board Meeting

---

Check out all of FBC Beverly's sermons at [fbcbeverly.org/sermons](http://fbcbeverly.org/sermons)

***Falling Upward: That's How  
the Light Gets In***

Rev. Kent Harrop, preaching  
Text: Acts 9: 1 – 19



---

[First Baptist Church in Beverly](http://www.fbcbeverly.org) | 978-922-3295 | [bulletin@fbcbeverly.org](mailto:bulletin@fbcbeverly.org) | [www.fbcbeverly.org](http://www.fbcbeverly.org)

STAY CONNECTED

