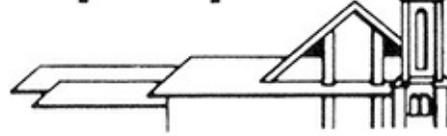


THE BULLETIN

of the First Baptist Church in Beverly



A progressive and welcoming Christian community!

Ministers:

[Rev. Julie R. Flowers](#)

[Rev. Kent D. Harrop](#)

[Rev. John DeNardo](#), Interim Minister

[Rev. Richard Harris](#), Interim Ministry Consultant

Director of Music: [Dr. Esther Chang](#)

Office Manager: [Pat Haight](#)

HNS Director: [Jennifer Baez](#)

HCP Director: [Andrew DeFranza](#)

Treasurer: [John Thomson](#)

Facilities Manager: [Jeremy Weir](#)

Communications Associate: [Mary Powers](#)

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Join Us for Sundays at First Baptist Church in Beverly

Sunday, March 15, 2020
Third Sunday in Lent

9:00 am: Welcome Café

10:00am: Worship and Children's Class

11:00am: Breakfast for Lunch

11:20am: Adult Education

11:20am: Children's Choir

3:30 pm Welcome Class

4:00pm: MS Fellowship

6:00pm: SH Fellowship

Born to Run

Rev. Kent Harrop

Jonah 1: 1 - 3; 3: 1 -10; 4:1-2,11



Youth Fellowship for Sunday, March 15th!

Middle School Fellowship: Pie Day (Pi Day)

4:00 p.m. – 6:00 p.m.

It's the day after 3.14 (pi) and we will be ALL ABOUT PIE about Middle School Fellowship! We will have pies to sample, pies to make, and even a pie eating contest (as well as some silly pi celebrating games!)! Come to the church at 4:00 p.m. wearing your favorite PIE (or PI THEMED SHIRT OR ITEM and get ready to have some fun with PIE DAY!

Senior High Fellowship: Make Your Own Cooking Show

6:00 p.m. – 9:00 p.m.

We will be cooking up some fun in honor of PIE! Come prepared to create and film your own Senior High Fellowship Cooking Show! Bring along a prop to incorporate - and get ready to have some creative cooking fun! Dinner will be served, as well!

Lenten Season and Holy Week 2020

Lent is a six- week season of reflection. A time to reflect on attitudes and behaviors that separate us from God and to try on new and life giving ways of growing spiritually. Lent leads us to the promise of Easter.

Our Lenten Theme: "There is a crack in everything, that's how the light gets in." -Leonard Cohen, poet and musician.

Our Theme, Described: To be human is to be wounded, broken, or "cracked" in some way. Such moments can create space for the presence of God, the light of the Spirit, and the voice of Jesus to enter into our lives and to offer healing and hope, challenge and change.

Lenten Highlights: Each Sunday in Lent, Biblical texts that have been selected for worship will reflect a variety of human stories and journeys that will help us to reflect on the ways and spaces in which "the light gets in." There will be special Lenten art project for all ages on Sundays, before and after worship, which will tie into the theme and help to create space for reflection. Special activities such as a Delightful Dinner (RSVP for free catered meal for all ages on March 10th 6 – 7:30 p.m.) will celebrate the gift of community. A Lenten Devotional entitled "Peace be with you: Finding the peace of God in the natural world" will be available for those who would like to make use of it. This devotional guide is written by FBC's own Ellen Powers and invites us to listen and look for the Sacred in nature. This devotional guide is for all ages and invites us to look at our backyard, beaches and local parks with fresh eyes and open heart and asks the question: "How does the Creator speak to you in nature?"

Worship:

Third Sunday in Lent (March 15th): *Sermon 'Born to Run ~ Rev. Kent Harrop*

Text: Jonah 1: 1-3; 3:1-10; 4:1-2,11

Additionally, each Sunday in Lent there will be an anointing station in the Sanctuary to offer confidential one-on-one prayer and the ancient ritual of anointing, a sign of God's Grace. This prayer and anointing station will be available for 15 minutes before and after worship for all who would like to access it.

Our Lent 2020 planning was done by the Spiritual Life Team (Bryan Vosseler, Karen Wood, Lisa LaPlante, Marty Lincoln, Barbara Brann-Weir, Cassie Bartolo, Shaina Stevens, and Rev. Kent Harrop).

Reiki as a Lenten Practice

During this season of Lent, the practice of Reiki will be introduced for those who are interested. Reiki is an ancient healing practice intended to bring balance and calm. It is a healing practice that has been adapted for use by Christian traditions, among others. What follows below is an overview of this healing practice and of this Lenten opportunity.



What is Reiki?

The word *Reiki* is made of 2 Japanese words: *Rei*, which refers to "God's or the Higher Power's wisdom," and *Ki*, which refers to the "life force energy" that flows through all of us. This energy flow can become slowed or stuck; when that happens, Reiki can calm and relax the body and mind to restore healthy energy flow, which encourages self-healing. Reiki has no religious affiliation, but religious practitioners often feel called to learn it and consider it a very spiritual experience.

What should I expect when receiving Reiki?

Very much like the ancient practice of laying on of hands, Reiki flows through the practitioner as they gently place their hands on or over certain energy junctions. Some folks have reported feeling warmth, cooling, or slight tingling when this is happening, but even if the recipient doesn't feel any physical sensation, be assured that Reiki knows what to do and, at the very least, most people come away with a deep sense of well-being.

What should I do during my mini session?

We will do our best to make it a peaceful experience, so you can just sit and relax. It is ok to talk during a Reiki session, so if you have any questions please feel free to ask.

These Lenten Reiki sessions will be led by FBC's Gloria Stoneham and Sharon Hutchinson. Both are certified Reiki Masters.

Gloria and Sharon will be offering Reiki in the FBC Lounge from 9:00 a.m. to 9:45 a.m. (in 15 minute sessions) on Sundays March 15th, March 22nd and March 29th. A sign-up sheet to reserve your slot will be in the FBC Lobby/Narthex before and after worship.

Easter Lily and Tulip Sale

Easter Lilies and Tulips are now available for ordering. Sign-up in the church office or contact Pat Haight at phaight@fbcbeverly.org to place your order. You can also call the church office at 978-922-3295

The flowers, in memory of a loved one, will decorate our Sanctuary during our Easter Sunday Service, and will be available to take with you after the worship service on Easter.

Cost: \$11.25/plant for either type. Orders must be placed by Palm Sunday, April 5th.



Appreciation to John DeNardo

We wish Interim Minister John DeNardo well as he accepts his first permanent position as Minister at First Baptist Church of Winchester. We will be celebrating his time with us at an After Church Coffee Hour on Sunday, March 29th, and cordially invite you to stay after worship to express your appreciation to him. The Staff Administration Committee also encourages you to contribute to a going-away gift for him in recognition of his work among us. Please mail checks to Pat Haight at FBC with the notation "John DeNardo gift" or drop off your contribution in the office on Sundays or during the week.

Being a Healthy Church

As our nation and state deal with the coronavirus, we at First Baptist are taking the following steps to provide as clean and sanitary a setting as possible. Each week the high traffic surfaces within the church building will be sanitized. This includes: Door entrances/exits, pews and hymnal covers. In addition, the Welcome Café will provide baristas who will serve you your coffee and food. Servers will provide a warm smile and the best in safe food service practices (just like at your favorite coffee shop!). In addition, we ask that people refrain from shaking hands, and instead, provide a friendly 'elbow bump', or a friendly wave. All this is under the category of 'an abundance of caution', and we will of course continue to be the friendly, caring church that we call home. Your pastoral staff and church moderator, will continue to monitor the situation related to the coronavirus, to ensure best health practices for the well being of the congregation. As always, if you have any pastoral care concerns, please reach out to your ministerial staff.

North Shore Shelter Fest Grosses Over \$13,000 for HCP!

What do you get when you combine a talented musical community, a worthy charitable endeavor, a great venue in the heart of downtown Beverly, and over 30 members and friends of a very energetic church? - Shelter Fest!!

Leap year gave us Saturday February 29th this year, and we put that extra day to good use at 221 Cabot! Our third annual concert benefit for affordable housing grossed over \$13,000 - which means once we pay all the concert bills, we should be able to hand a check to Harborlight Community Partners well in excess of last year's donation! This year's concert raised the bar in a variety of ways, one being the planning and preparation of hosting our headline act, two time Grammy nominee and national concert performer - The Jon Butcher Axis. What better duo to handle band and guest accommodations than Pam and Dave Constantine!? They converted the downstairs Music Room and Chapel into top notch rock band facilities! ...and that's just one story! There was Buck doing stage prep, John overseeing financial management, Scott coordinating security, Bethany and Mary with social media, and the list goes on and on....

Shelter Fest brings out the best in First Baptist, a generous, enthusiastic, and open-minded church that excels at community involvement! Many, many thanks to everyone who helped! Everyone's already looking forward to next year! Rock on! ~ Brian Gregory, Shelter Fest Coordinator



(Pictured: Beverly performer Andrew "Hacksaw" Harney who attended Harborlight Nursery as a kid!)

Cinco De Marzo SUCCESS!

Many thanks to everyone who supported our Summer 2020 Mission Group Acapulco's fundraiser and raffle on Thursday, March 5th.

We are excited to report that we raised \$1,300 on the raffle baskets alone! We are awaiting the amount from Acapulco's for meals purchased throughout the day, but it's not too early to declare this event a success!

Thanks to ALL who worked hard to make it so and to all who donated to our raffle baskets and all who came out to eat or buy tickets - your support of the Summer 2020 Mission Trip to Plymouth, North Carolina is MUCH appreciated. A special word of thanks goes to our Mission Chair, Cindy Shupp, who worked incredibly hard managing all the details, staffing the raffle table for extra shifts, and making sure everything worked smoothly and well. Thank you, Cindy!

Book Group Changes to New Time

The Book Group has made its selection of books for the upcoming spring months and will be meeting at a new time, 2:30 instead of its previous 2 o'clock meeting time. The 2:30 time is a permanent change. The meeting day (Friday) remains the same, and also the meeting place (the church lounge) remains unchanged. Here are the reading selections for the next two months:

March 27: "The Women's Hour" by Elaine Weiss.

The struggle for the vote for women was fiercely fought with Tennessee casting the needed 37th vote in 1920, just a century ago. This non-fiction book focuses on the last six weeks leading up to the final vote in Tennessee and examines the infighting and alliances that led to the historic decision. Many of the themes that are still prevalent in today's politics – race, class, gender, money, states' rights, power and democracy – all played a part in the final victory for women's suffrage. This book has become popular by word of mouth and has made its way onto top ten bestseller lists in recent weeks. Perhaps this year's 100th anniversary of women's right to vote and the recent revived interest in the ERA issue has sparked people's interest in this topic.

April 17: "Mercy House" by Alena Dillon.

This is the debut novel by Beverly resident Alena Dillon, former communications assistant at FBC. The book's main character Sister Evelyn, described on the book jacket as a "renegade nun", leads a safe haven for abused women in a Brooklyn row house. The plot revolves around her efforts to promote and protect the lively diverse residents of the shelter, sometimes by unorthodox methods outside the canon of the sponsoring Catholic church, while dealing with oversight from representatives from the Vatican. The book has just recently come out and is in paperback. It can be purchased or ordered at the Copper Dog Bookshop next to Atomic Café on Cabot Street.

New members are always welcome to join the group, whether just for one particular book discussion, for several or as a regular member.

SAVE THE DATE: Mission Trip Yard Sale

Saturday, April 18th, 9am - Noon

Donate for a cause! Shop for a cause!

If you have any items you have that you'd like to get rid of (*excluding* large electronics, clothing and furniture), bring them to sell at the yard sale! Proceeds go to support FBC's 2020 Mission Trip.

Donations accepted throughout the day on Friday the 17th, with set up starting at 5 pm.

AND don't forget to come and shop 'til you drop on Saturday! Find some quirky, fun stuff! Who doesn't love quirky, fun stuff?

Those planning to attend the trip can sign up for a shift or two to help run the sale by emailing Mission Chair Cindy Shupp at cjshupp@verizon.net or Julie Flowers at jflowers@fbcbeverly.org.

March Yoga Rescheduled

Please note: the Sunday morning *Yoga – Spiritual Moments and Movement* class for March has been cancelled and will reconvene on May 3rd.

Coming Up at FBC



Wednesday, March 11

4:30pm: Lectio Divina
6:15pm: Joy Ringers
7:15pm: Harborlight Ringers

Thursday, March 12

6:00pm: Celebration Ringers
7:30pm: Sanctuary Choir

Friday, March 13

6:00 pm: Parents' Night Out

Saturday, March 14

11:30pm: Chapel Choir
12:30pm: Lunch Program

Sunday, March 15

9 am: Welcome Café
10:00am: Worship and Children's Class
11:00am: Breakfast for Lunch
11:20am: Adult Education
11:20am: Children's Choir
3:30 pm Welcome Class
4:00pm: MS Fellowship
6:00pm: SH Fellowship

Monday, March 16

6:00pm: Monday Night Supper
6:30pm: Church Home
7:00pm: Social Concerns

Tuesday, March 17

9:30am: Staff Meeting

Check out all of FBC Beverly's sermons at fbcbeverly.org/sermons

Lent as a Time to Pray
Rev. John DeNardo, preaching
Jeremiah 29:11-14



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STAY CONNECTED

